

Twisted Rib and Garter Stitch

(adapted from <http://www.knittingstitchpatterns.com/2015/09/twisted-rib-and-garter-stitch.html>)



Size 7 needles. Acrylic worsted (#4) yarn – works well with Caron One Pound solid colors.

Finished size should be 7" wide x 9" tall.

Cast on 35 stitches. Be sure to leave an 18" tail at the beginning.

K1 P1 repeat between * to the end of the row for two rows (seed stitch rows).

Pattern set:

Rows 1, 3, and, 5 – Right side: K5, * (K1tbl, P1) twice, K1tbl, K5; repeat from * to end.

Rows 2, 4, and 6: K5, * (P1tbl, K1) twice, P1tbl, K5; repeat from * to end.

Rows 7, 9, 11: (K1tbl, P1) twice, K1tbl, *K5, (K1tbl, P1) twice, K1tbl; repeat from * to end.

Rows 8, 10, 12: (P1tbl, K1) twice, P1tbl, *K5, (P1tbl, K1) twice, P1tbl; repeat from * to end.

STOP! Check the width to make sure it is 7". If not, change needle size to get the appropriate width.

Repeat rows 1-12 for a total of 5 complete pattern sets.

STOP! Check the length to make sure it will not exceed 9". Adjust the final length by reducing the number of complete pattern sets and/or eliminating the seed stitch rows at the end. The example shown has 5 complete pattern sets with two seed stitch rows at the beginning and at the end of the block.

Last two rows: *K1 P1* repeat between * to the end of the row (seed stitch row). Repeat for a second seed stitch row.

Be sure to leave an 18" tail at the end.

Now, knit another one since having two blocks in the same color and pattern is great for making shawls!

Knitting abbreviations:

K: Knit | P: Purl | Ktbl: Knit through the back loop | Ptbl: Purl through the back loop