

## Simple Seed Stitch<sup>1</sup>



Size 7 needles. Acrylic worsted (#4) yarn – works well with Caron One Pound solid colors. Finished size should be 7" wide x 9" tall.

Cast on 32 stitches. Be sure to leave an 18" tail at the beginning.

\*K1 P1\* repeat between \* to the end of the row (first seed stitch row).

\*P1 K1\* repeat between \* to the end of the row (second seed stitch row).

### **Pattern set:**

Row 1: \*K3, P1\* repeat between \*

Rows 2, 4, 6, 8: P all stitches

Row 3: K all stitches

Row 5: K1 \*P1, K3\* repeat between \* ending with P1, K2

Row 7: K all stitches

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<sup>1</sup> Adapted from *Day 21: Simple Seed Knit Stitch* by Jennifer Thompson, <http://www.bromefields.com/day-21-simple-seed-knit-stitch-100daysofknitstitches/>

STOP after row 8! Check the width to make sure it is 7". If not, change needle size to get the appropriate width or the number of stitches in multiples of 4.

Repeat rows 1-8 until the length is just short of 9". Bind off in the pattern on an even row or in the second of two seed stitch rows.

Be sure to leave an 18" tail at the end.

Now, knit another one since having two blocks in the same color and pattern is great for making shawls!

**Knitting abbreviations:**

K: Knit | P: Purl