

Shadow Hearts



Size 7 needles. Acrylic worsted (#4) yarn – works well with Caron One Pound solid colors (yellow example, 31 stitches) Green example on the left was made from Red Heart Super Saver (33 stitches).

Finished size should be 7" wide x 9" tall.

Cast on **33** stitches (green example). Be sure to leave an 18" tail at the beginning.

Rows 1 & 2: K1 *P1 K1* repeat between * to end

Rows 3, 5, 7, 9, 11: K1, P1, **K29**, P1, K1

Rows 4, 6, 8, 10: K1, **P31**, K1

STOP after 6 rows! Check the width to make sure it is 7". If not, start over with an appropriate number of stitches by adjusting the number of stitches at the inside edge of the seed stitch border at the beginning and end of each row (indicated in **bold**). Adjust the number of stitches in pairs with one stitch added or removed from each bold set.

Row 12: K1, **P15**, K1, **P15**, K1 (wrong side)

Row 13: K1, P1, **K13**, P3, **K13**, P1, K1 (right side as shown but piece is reversible)

Row 14: K1, **P14**, K3, **P14**, K1

Row 15: K1, P1, **K12**, P5, **K12**, P1, K1

Row 16: K1, **P13**, K5, **P13**, K1

Row 17: K1, P1, **K11**, P7, **K11**, P1, K1

Row 18: K1, **P12**, K7, **P12**, K1

Row 19: K1, P1, **K10**, P9, **K10**, P1, K1

Row 20: K1, **P11**, K9, **P11**, K1
Row 21: K1, P1, **K9**, P11, **K9**, P1, K1
Row 22: K1, **P10**, K11, **P10**, K1

The two patterns diverge, beginning with Row 23. The instructions for the double heart pattern are given in parentheses. Follow either the single instruction, e.g. P13 in Row 23, or the instructions in parentheses, e.g. (P6, K1, P6) in Row 23, consistently from Row 23 through Row 40. Do not do both!

Row 23: K1, P1, **K8**, P13 or (P6, K1, P6), **K8**, P1, K1
Row 24: K1, **P9**, K 13 or (K6, P1, K6), **P9**, K1
Row 25: K1, P1, **K7**, P 15 or (P6, K3, P6), **K7**, P1, K1
Row 26: K1, **P8**, K15 or (K6, P3, K6), **P8**, K1
Row 27: K1, P1, **K6**, P 17 or (P6, K5, P6), **K6**, P1, K1
Row 28: K1, **P7**, K 17 or (K6, P5, K6), **P7**, K1
Row 29: K1, P1, **K5**, P19 or (P6, K7, P6), **K5**, P1, K1
Row 30: K1, **P6**, K19 or (K6, P7, K6), **P6**, K1
Row 31: K1, P1, **K4**, P21 or (P6, K9, P6), **K4**, P1, K1
Row 32: K1, **P5**, K21 or (K6, P9, K6), **P5**, K1
Row 33: K1, P1, **K3**, P 23 or (P6, K11, P6), **K3**, P1, K1
Row 34: K1, **P4**, K23 or (K6, P11, K6), **P4**, K1
Row 35: K1, P1, **K3**, P23 or (P6, K5, P1, K5, P6), **K3**, P1, K1
Row 36: K1, **P4**, K 23 or (K6, P5, K1, P5, K6), **P4**, K1
Row 37: K1, P1, **K2**, P25 or (P7, K4, P3, K4, P7), **K2**, P1, K1
Row 38: K1, **P3**, K25 or (K7, P4, K3, P4, K7), **P3**, K1
Row 39: K1, P1, **K2**, P25 or (P8, K2, P5, K2, P8), **K2**, P1, K1
Row 40: K1, **P3**, K25 or (K8, P2, K5, P2, K8), **P3**, K1

The two patterns are the same for the remaining rows.

Row 41: K1, P1, **K3**, P23, **K3**, P1, K1
Row 42: K1, **P4**, K11, P1, K11, **P4**, K1
Row 43: K1, P1, **K4**, P9, K3, P9, **K4**, P1, K1
Row 44: K1, **P5**, K9, P3, K9, **P5**, K1
Row 45: K1, P1, **K5**, P7, K5, P7, **K5**, P1, K1
Row 46: K1, **P6**, K7, P5, K7, **P6**, K1
Row 47: K1, P1, **K6**, P5, K7, P5, **K6**, P1, K1
Row 48: K1, **P7**, K5, P7, K5, **P7**, K1
Row 49: K1, P1, **K7**, P3, K9, P3, **K7**, P1, K1
Row 50: K1, **P31**, K1

STOP! Check the length to make sure it will not exceed 9". Adjust the final length by reducing rows 51-56 in pairs, e.g. eliminate rows 55 and 56 then do rows 57 and 58 to shorten the overall length, or add rows in pairs before rows 57 and 58 to add length.

Rows 51, 53, 55: K1, P1, **K29**, P1, K1

Rows 52, 54, 56: K1, **P31**, K1

Row 57: K1 *P1 K1* repeat between * to end

Row 58: K1 *P1 K1* repeat between * to end while binding off

Be sure to leave an 18" tail at the end.

Now, knit another one since having two blocks in the same color and pattern is great for making shawls!