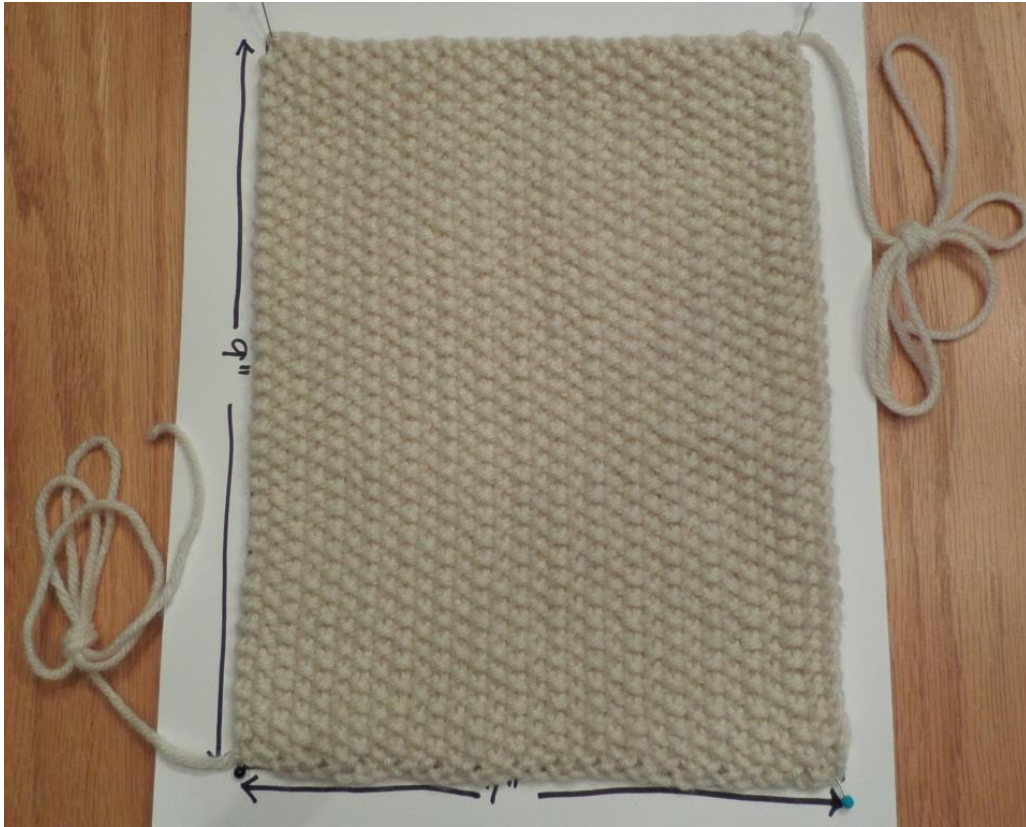


Seed Stitch



Size 7 needles. Acrylic worsted (#4) yarn – works well with Caron One Pound solid colors.

Finished size should be 7" wide x 9" tall.

Cast on 31 stitches. Be sure to leave an 18" tail at the beginning.

K1 P1 repeat between * to the end of the row.

STOP after 6-8 rows! Check the width to make sure it is 7". If not, start over with an appropriate, odd number of stitches.

Repeat the pattern row until the piece measures just under 9" and bind off in the pattern on the following row (9").

Be sure to leave an 18" tail at the end.

Now, knit another one since having two blocks in the same color and pattern is great for making shawls!