

Ridge Stitch (with variations)

(Reader's Digest Complete Guide to Needlework, Reader's Digest Association,
Pleasantville, NY, 1979, p. 301)



Size 7 needles. Acrylic worsted (#4) yarn. Example was done with Red Heart "with Love." Caron One Pound solid colors should also work well.

Finished size should be 7" wide x 9" tall.

Cast on 36 (multiple of 2) stitches. Be sure to leave an 18" tail at the beginning.

K1 P1 repeat between * to the end of the first seed stitch row.

P1 K1 repeat between * to the end of the second seed stitch row.

Pattern sets:

Group A (Ridge Stitch):

Row 1: Knit

Row 2: K2 together all across the row. (This will reduce the number of stitches by half.)

Row 3: K into front and back of each stitch. (This will restore the original number of stitches.)

Row 4: Purl

STOP! Check the width to make sure it is 7". If not, change needle size to get the appropriate width or add multiples of 2 stitches.

Group B (Stockinette):

Row 1: Knit

Row 2: Purl

Row 3: Knit

Row 4: Purl

Group C (Garter):

Row 1: Knit

Row 2: Purl

Row 3: Knit

Row 4: Purl

The example that was shown was done as follows:

AABAABAACAABAABAA and was bound off in the 4th row of the last A group.

STOP! Check the length to make sure it will not exceed 9". Adjust the final length by reducing/increasing the number of pattern sets and/or adding two seed stitch rows at the end.

Be sure to leave an 18" tail at the end.

Try different groupings of A, B, and C or perhaps an entire block of Ridge Stitch (Group A).

Now, knit another one using this or a different pattern since having two blocks in the same color is great for making shawls!

Knitting abbreviations:

K: Knit | P: Purl