**GREENFAITH IDEAS FOR THE NEW YEAR**

Here are some ideas for actions you can take in the areas of waste and toxins. The actions are divided into small steps and big impact steps just as a guideline.

# Waste

## Small Steps Big Impact Steps

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| |  |  |  | | --- | --- | --- | | **Already doing** | **Will try to do** |  | |  |  | I will recycle all items that can be recycled in my town, including paper, glass, aluminum, plastics, electronics, etc. | |  |  | I will reduce the amount of paper I use in my home by using scrap paper, double-sided printing, and other steps. | |  |  | I will use “Catalog Choice” or a similar tool to cut down on unwanted catalogs I receive. https://www.catalogchoice.org/ | |  |  | I will switch at least 2 bill statements to electronic (paperless) delivery this year. | |  |  | I will switch from paper to reusable cloth napkins. | | |  |  |  | | --- | --- | --- | | **Already doing** | **Will try to do** |  | |  |  | I will compost my non-meat and non-dairy food scraps. | |  |  | When I host a party or event, I will use only reusable dinnerware. | |  |  | I will purchase and use only 100% post-consumer recycled content paper for all my home printing projects. | |  |  | I will dispose of all my hazardous household products – paint, pesticides, CFLs, etc. –at my town’s hazardous waste collection site or other site that properly disposes of them. | |

# Toxins

## Small Steps Big Impact Steps

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| |  |  |  | | --- | --- | --- | | **Already doing** | **Will try to do** |  | |  |  | I will place mats at the entryways to my home to help capture dirt and limit the use of cleaning products. | |  |  | I will take off my shoes in the entryway and request that family and friends do likewise. | | |  |  |  | | --- | --- | --- | | **Already doing** | **Will try to do** |  | |  |  | I will eliminate the use of all pesticides in my home, including routine treatments done by pest vendors. | |  |  | I will take measures to prevent pests, such as sealing up holes, storing food in glass jars, cleaning more regularly, etc. | |  |  | If I use a lawn care provider, I will at a minimum choose a vendor that uses IPM (Integrated Pest Management) practices and preferably will go completely organic. | |  |  | Whenever I paint my house or other items, I will use Green Seal certified paint. www.greenseal.org. | |  |  | I will switch all of my household cleaners to ‘green’ cleaners. I will either make these cleaners with ingredients like baking soda and vinegar, or will purchase them. | |  |  | I will use only a ‘green’ dry cleaner to dry clean my clothes and will avoid purchasing ‘dry clean only’ items. | |