

Chevron Seed

(Reader's Digest Complete Guide to Needlework, Reader's Digest Association,
Pleasantville, NY, 1979, p. 300)



Size 7 needles. Acrylic worsted (#4) yarn – works well with Caron One Pound solid colors.

Finished size should be 7" wide x 9" tall.

Cast on 32 (multiple of 8) stitches. Be sure to leave an 18" tail at the beginning.

K1 P1 repeat between * to the end of the first seed stitch row.

P1 K1 repeat between * to the end of the second seed stitch row.

Pattern set:

Row 1: *P1 K3* – repeat between * a total of 8 times. Continue to repeat in this manner on remaining rows.

Row 2: *K1 P5 K1 P1*

Row 3: *K2 P1 K3 P1 K1*

Row 4: *P2 K1 P1 K1 P3*

STOP! Check the width to make sure it is 7". If not, change needle size to get the appropriate width.

Repeat rows 1-4 for ~14 complete pattern sets.

STOP! Check the length to make sure it will not exceed 9". Adjust the final length by reducing the number of complete pattern sets and/or eliminating the seed stitch rows at the end. The example shown has 14 complete pattern sets with one additional Row 1 and one Row 2 (binding off in Row 2).

Instead of starting an additional pattern set, a pair of seed stitch rows (binding off in the last row) can be added at the end of the block.

Be sure to leave an 18" tail at the end.

Now, knit another one using this or a different pattern since having two blocks in the same color is great for making shawls!

Knitting abbreviations:

K: Knit | P: Purl