

Quilted Diamond

(Reader's Digest Complete Guide to Needlework, Reader's Digest Association,

Pleasantville, NY, 1979, p. 300)



Size 7 needles. Acrylic worsted (#4) yarn – works well with Caron One Pound solid colors.

Finished size should be 7" wide x 9" tall.

Cast on 32 (multiple of 10) stitches plus one seed stitch at the end of each row. Be sure to leave an 18" tail at the beginning.

K1 P1 repeat between * to the end of the first seed stitch row.

P1 K1 repeat between * to the end of the second seed stitch row.

Pattern set:

Row 1: K1 *K9 P1* K1 – repeat between * a total of 2-3 times, depending on the row. Continue to repeat in this manner on remaining rows.

Row 2: K3 *P7 K3* P7 K2

Row 3: K1 P2 *K5 P5* K5 P3 K1

Row 4: K5 *P3 K7* P3 K4

Row 5: K1 P4 *K1 P9* K1 P5 K1

Row 6: K5 *P3 K7* P3 K4

Row 7: K1 P2 *K5 P5* K5 P3 K1

Row 8: K3 *P7 K3* P7 K2

STOP! Check the width to make sure it is 7". If not, change needle size to get the appropriate width or add (or remove) a seed stitch at the beginning and end of each row.

Repeat rows 1-8 for ~6 complete pattern sets.

STOP! Check the length to make sure it will not exceed 9". Adjust the final length by reducing the number of complete pattern sets and/or eliminating the seed stitch rows at the end. The example shown has 7 complete pattern sets with 2 seed stitch rows (binding off in the last row) at the end of the block. You can also bind off in pattern at the appropriate length.

Be sure to leave an 18" tail at the end.

Now, knit another one using this or a different pattern since having two blocks in the same color is great for making shawls!

Knitting abbreviations:

K: Knit | P: Purl