

### Double Hearts (pointed inwards) with seed stitch edges



Size 7 needles. Acrylic worsted (#4) yarn – works well with Caron One Pound solid colors.

Finished size should be 7" wide x 9" tall.

Cast on 31 stitches. Be sure to leave an 18" tail at the beginning.

Rows 1 & 2: K1 \*P1 K1\* repeat between \* to end

Rows 3, 5: K1, P1, K27, P1, K1

Rows 4, 6: K1, P29, K1

STOP! Check the width to make sure it is 7". If not, start over with an appropriate number of stitches by adjusting the number of stitches just inside the seed stitch border at the beginning and end of each row.

Row 7: K1, P1, K9, P2, K5, P2, K9, P1, K1

Row 8: K1, P10, K2, P5, K2, P10, K1

Row 9: K1, P1, K8, P1, K2, P1, K3, P1, K2, P1, K8, P1, K1

Row 10: K1, P9, K1, P2, K1, P3, K1, P2, K1, P9, K1

Row 11: K1, P1, K7, P1, K4, P1, K1, P1, K4, P1, K7, P1, K1

Row 12: K1, P8, K1, P4, K1, P1, K1, P4, K1, P8, K1

Row 13: K1, P1, K7, P1, K5, P1, K5, P1, K7, P1, K1

Row 14: K1, P8, K1, P5, K1, P5, K1, P8, K1

Row 15: K1, P1, K8, P1, K9, P1, K8, P1, K1

Row 16: K1, P9, K1, P9, K1, P9, K1

Row 17: K1, P1, K9, P1, K7, P1, K9, P1, K1

Row 18: K1, P10, K1, P7, K1, P10, K1

Row 19: K1, P1, K10, P1, K5, P1, K10, P1, K1

Row 20: K1, P11, K1, P5, K1, P11, K1

Row 21: K1, P1, K11, P1, K3, P1, K11, P1, K1  
Row 22: K1, P12, K1, P3, K1, P12, K1  
Row 23: K1, P1, K12, P1, K1, P1, K12, P1, K1  
Row 24: K1, P13, K1, P1, K1, P13, K1  
Row 25: K1, P1, K13, P1, K13, P1, K1  
Row 26: K1, P14, K1, P14, K1  
Row 27: K1, P1, K27, P1, K1  
Row 28: K1, P29, K1  
Row 29: K1, P1, K27, P1, K1

STOP! You have completed half of the rows in the block pattern. Check the length to make sure it will not exceed 9". Adjust the final length by reducing Rows 29-32 in pairs, e.g. eliminate Row 31 and 32 then follow Rows 33 to the end or add rows in pairs before Row 33 to add length.

Row 30: K1, P29, K1  
Row 31: K1, P1, K27, P1, K1  
Row 32: K1, P29, K1  
Row 33: K1, P1, K13, P1, K13, P1, K1  
Row 34: K1, P14, K1, P14, K1  
Row 35: K1, P1, K12, P1, K1, P1, K12, P1, K1  
Row 36: K1, P13, K1, P1, K1, P13, K1  
Row 37: K1, P1, K11, P1, K3, P1, K11, P1, K1  
Row 38: K1, P12, K1, P3, K1, P12, K1  
Row 39: K1, P1, K10, P1, K5, P1, K10, P1, K1  
Row 40: K1, P11, K1, P5, K1, P11, K1  
Row 41: K1, P1, K9, P1, K7, P1, K9, P1, K1  
Row 42: K1, P10, K1, P7, K1, P10, K1  
Row 43: K1, P1, K8, P1, K9, P1, K8, P1, K1  
Row 44: K1, P9, K1, P9, K1, P9, K1  
Row 45: K1, P1, K7, P1, K5, P1, K5, P1, K7, P1, K1  
Row 46: K1, P8, K1, P5, K1, P5, K1, P8, K1  
Row 47: K1, P1, K7, P1, K4, P1, K1, P1, K4, P1, K7, P1, K1  
Row 48: K1, P8, K1, P4, K1, P1, K1, P4, K1, P8, K1  
Row 49: K1, P1, K8, P1, K2, P1, K3, P1, K2, P1, K8, P1, K1  
Row 50: K1, P9, K1, P2, K1, P3, K1, P2, K1, P9, K1  
Row 51: K1, P1, K9, P2, K5, P2, K9, P1, K1  
Row 52: K1, P10, K2, P5, K2, P10, K1  
Row 53, 55: K1, P1, K27, P1, K1  
Row 54, 56: K1, P29, K1  
Row 57 & 58: K1 \*P1 K1\* repeat between \* to end. Bind off in row 58.

Be sure to leave an 18" tail at the end.

Now, knit another one since having two blocks in the same color and pattern is great for making shawls!